



BEYOND BROKEN – SPIRITUAL

A Fast Track Technique Workshop
facilitated by Jaz Goven, Creator and Founder Fast Track Technique

Moving Beyond Broken is a constant letting go; letting go of old ways of being, doing, thinking and gallons of human conditioning. Letting go of virtually everything you thought you were.... all that stuff that defined you, your parents, your place in the world. And today we continue and let go even more than before as you move **Spiritually** Beyond Broken into the Bigger Picture of who you are and why you are here and into the vibration of Open, Expansive and Limitless

In days gone by highly spiritual beings would give up the outer world and closet themselves in religious orders, becoming priests, monks, nuns, where they could dedicate themselves to their spiritual journey and self-investigation. These days we choose to take on our spiritual journey while holding down full-time jobs, marriages, partnerships, caring for families, our own selves and handling a multitude of other tasks and responsibilities distracting us from our reason for being. Our journey isn't always easy; juggling so many roles can be overwhelming - however it is what we came here to do, to experience and most importantly **it is our choice** and how we respond to our journey is also our choice too!

YOU are awesome, I AM amazing, WE are incredible

Today we celebrate ourselves with a journey of integration while continuing to let go of that which no longer serves us

I am integrated with the full potential of my spiritual-self more than 50%

Before ____% After ____%

I am in alignment with celebrating my spiritual-self more than 50%

Before ____% After ____%

My spiritual-self is affected by the collective's thoughts/beliefs/judgments more than 50%

Before ____% After ____%

My spiritual-self is affected by my family's thoughts/beliefs/judgments more than 50%

Before ____% After ____%

Other:

Recalibrate Issue

Recalibrate Alignment with Desired Outcomes

Reprogram with Desired Outcome/s: Today I choose to (spiritually) move beyond broken and align myself with and and I will look for the evidence of this everywhere every day – I integrate and celebrate my spiritual full potential NOW!